

La Siesta SPA

A precious timeless lullaby

A touch of La Siesta SPA Wellness Ultimate

Dated back over a thousand years ago, the Old ancient Vietnam (was also known as Au Lac) already practised herbals healing and bathing to rejuvenate body energy. And with the time, such practice has developed to an art and handed down from generation to generation.

With the concept to promote Traditional Vietnamese Therapy, we proudly bring you this charming treatment interwoven with the present Spa concept at our new venue. Jointly set up by our Hanoi Elegance hotel and the renowned ZenSpa corporation, La Siesta Spa aims to provide you with the best sauna and traditional massage in the Old Quarter of Hanoi,

Spanning over 2 stories of the Hanoi Elegance 5 hotel, in the heart of Hanoi's historic Old Quarter, La Siesta Spa offers a serene & exclusive setting for a relaxing & rejuvenating massage treatment. The well-trained massage therapists will enrich you with another memorable experience that anyone else is envious of.

You are welcome!



SEVICE

La Siesta SPA is pleased to offer you the following:

Just for Relax

1. Refresh Facial: 45' - USD 18
2. Foot Rest: 45' - USD 18
3. Back Stress: 45' - USD 18

The Body Spa Special treatment

1. Energy Balance 60' - USD25 extra 30' - USD10

Is a state of happiness, relaxation and well-being. Our Vietnamese massage uses deeply soothing and relaxing traditional massage techniques to help melt away tensions, brought about by modern urban living.

2. Herbal Incense: 60' - USD28 extra 30' - USD12

This technique works in similar to other healing treatment through heat therapies. Is another Traditional Vietnamese involves the burning of incense to facilitate healing. The inhalation from the burning herbals incense increase circulation and energy flow and relaxes tired body muscles and body. Stimulate the flow of Qi. The sensation is a pleasant heat that penetrates deep into the skin.

3. Silver Indochine: 60' - USD32 extra 30' - USD14

This therapy treatment is taken from Vietnamese minority cultures. Main technique is by using fresh Herbals and Silver coins with Ginger wine. It helps to release "Heat" or "Wind". Properties of ginger move stagnated energy. This therapy treatment focuses mainly to your back body.

Facial Skin care Treatment

1. Anti - Stress Facial: 50' - USD23
2. Anti - Aging Ritual: 60' - USD32
3. Renew Facial: 60' - USD38

Traditional Special Body Wrap together with Herbal Bath

1. Rice Body Wrap: 50' - USD35
2. Coffee & Honey Scrub: 50' - USD35
3. Tropical Scrub: 50' - USD35

Pamper yourself and your love or your friend with La Siesta Spa Package

1. Hanoi Ancient Town Package: 1h 40' - USD55
 - Imperial Jade Therapy
 - Relax Facial Treatment
 - Tea and snack
2. Indochine Package: 2h 10' - USD82
 - Indochine Silver Therapy
 - Traditional Herbal Steam Bath
 - Mud Body Wrap with Bath
 - Tea and snack

3. Traditional Vietnamese Package: 3h 20' - USD 118
- Herbal Incense Body Therapy
 - Renew Facial Treatment
 - Traditional Herbal Steam Bath
 - Traditional Herb and Flower Bath
 - Herbal Tea & Meal Plate
 - La Siesta SPA Gift
4. Honey moon Retreat Package: 3h 30' - USD 135
- Aroma Healing Body Therapy
 - Honey & coffee Scrub
 - Tropical Papaya Wrap
 - Traditional Herbal & Flower Bath
 - Anti - Aging Facial Treatment
 - Tropical drink & Meal Plate
 - La Siesta SPA Gifts
5. Mint Moment Package: 2h 50' - USD 115
- Himalaya Salt Stone Therapy
 - Foot Soak with Fresh Ginger & Flowers
 - Foot Wrap with Bean Husks & Traditional Herbs
 - Therapeutic Foot Massage
 - Anti - stress Facial
 - La Siesta SPA Gifts

OPENING HOURS & BOOKING

La Siesta Spa opens daily from 7am to 9pm. Advanced reservation is made at:

La Siesta Spa

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